

## REGISTRATION FORM

### Nurturing Parenting® Program Facilitator Training October 24-26, 2018

**\$300 per registrant. Includes manual.**

(Lunch is on your own. Many dining opportunities nearby.)

Registration Deadline: July 20, 2018 Call for availability after deadline

**Please complete one registration form for each person.**  
Please print legibly:

Participant Name

Agency Name

Address

City, State Zip

Phone

Email

- Confirmation will be sent via email.
- No refunds for cancellations after October 19, 2018
- Paid registrations may be transferred to future NPP trainings provided by Dunebrook.

Dunebrook is located in Michigan City at Johnson Rd. and Co. Rd. 450 N.

**Please make check payable to Dunebrook, Inc.**

**MAIL REGISTRATION FORM and PAYMENT to:**

**Dunebrook**  
7451 W. Johnson Rd.  
Michigan City, IN 46360

Questions? Tel. 219.874.0007 Ext. 403

Email: [nurturing@dunebrook.org](mailto:nurturing@dunebrook.org)



#### Dunebrook's Mission:

To advocate for children and provide positive family support and education.

#### Dunebrook's Vision:

Every Child: Safe, Healthy, Happy



**Nurturing Parenting® Programs are recognized by:**

- The National Registry of Effective Programs and Practices (NREPP)
- The Substance Abuse-Mental Health Services Administration (SAMHSA)
- The Office of Juvenile Justice and Delinquency (OJJ)

#### TESTIMONIALS

*"The way Beni taught this was wonderful, she added just the right amount of humor and relaxation...making sure we all understood how important nurturing is for all children"*

*"The examples given were really well thought out to paint a great pic of the lesson"*

*"The trainer was very good. She displayed real passion for the curriculum. [I enjoyed] the way she explained how it is our children's foundation for a great beginning."*

## Nurturing Parenting Program® 3 Day Facilitator Training

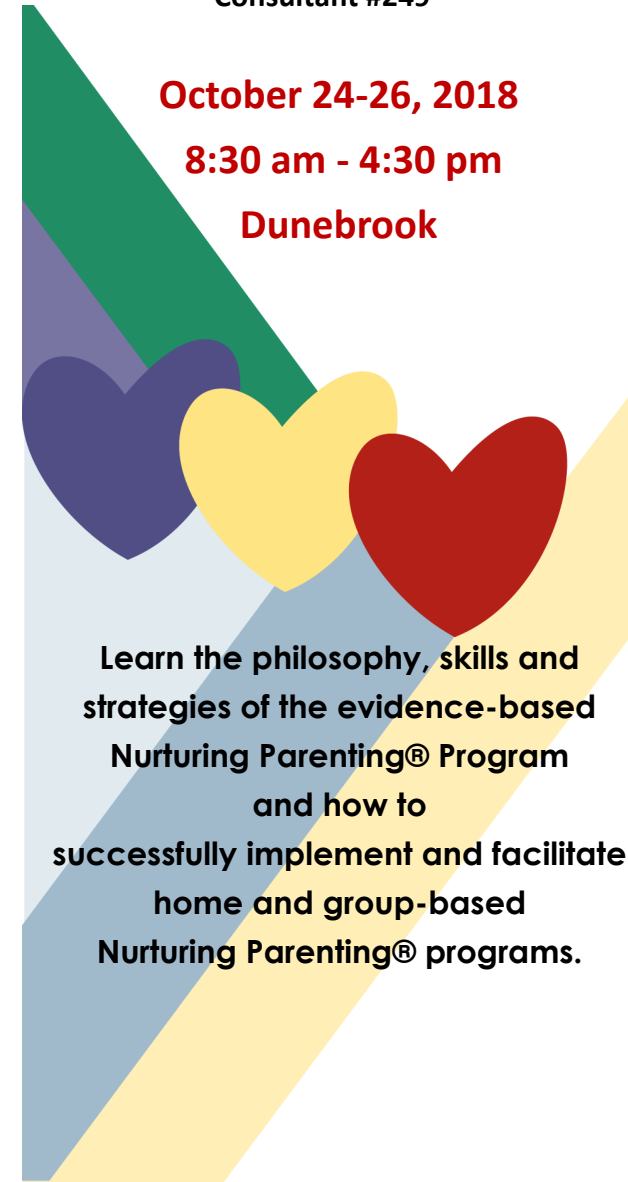
Presented by **Beni Miller**

Nurturing Parenting® National Trainer  
Consultant #249

**October 24-26, 2018**

**8:30 am - 4:30 pm**

**Dunebrook**



**Learn the philosophy, skills and strategies of the evidence-based Nurturing Parenting® Program and how to successfully implement and facilitate home and group-based Nurturing Parenting® programs.**

This training is a hands-on approach to conducting home and group-based Nurturing Parenting® programs that includes using program materials with diverse and multi-cultural populations.

**You will learn how to:**

- Design and implement home and group-based parenting programs
- Gather data and measure outcomes using the Adult-Adolescent Parenting Inventory and Nurturing Skills Competency Scale
- Utilize icebreakers, activities, personal growth lessons, home practice assignments and dialogue
- Enhance communication, rapport-building and facilitator skills
- Help parents and families explore empathy and understand personal power, positive discipline techniques, self-esteem, emotional regulation and stress management and self-concept



Beni joined Dunebrook in 2010, working with high risk families to strengthen their parenting knowledge and skills. She has been a Nurturing Parenting Program Facilitator since 2012, and was trained by Dr. Stephen Bavolek, Ph.D., creator of the Nurturing Parenting® Program. In 2015, Beni became a National Trainer, and works primarily with families referred by the Indiana Department of Child Services. Beni has helped parents in both group and home-based models succeed in completing the Nurturing program. Beni's unique experience in improvisation groups and stand-up comedy helps her to use humor as a bridge in working with parents, children and families across all cultures and socioeconomic groups. Beni earned a Bachelor's Degree in Liberal Studies with a concentration in Psychology at Purdue University. She has gained additional training in strengths-based approaches, serving families with addictions, engaging fathers, motivational interviewing and cultural sensitivity.

## 7 Principles of Nurturing Parenting®

Nurturing Parenting® emphasizes the importance of raising children in a warm, trusting and caring household. It is founded on the belief that children who are cared for develop the capacity to trust, care and respect themselves, other people, living creatures and the environment.

**The 7 Principles of Nurturing Parenting® are:**

- *Empathy*
- *Feelings of Attachment*
- *Nurturing Oneself*
- *Gentle Touch*
- *Discipline*
- *Expressing Feelings*
- *Expectations and Self-Worth*

Participants will also learn how to use these assessment tools:

### **Adult-Adolescent Parenting Inventory (AAPI-2)**

The AAPI-2 has proven invaluable in assessing parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI-2 provides scores that profile parents at risk or abusing and neglecting children.

### **Nurturing Skills Competency Scale (NSCS)**

The NSCS is a comprehensive criterion-referenced measure designed to gather demographic data of the family, as well as knowledge and utilization of Nurturing Parenting® practices. The data generated from the pre/post administration allows parents and staff an opportunity to measure changes in family life, knowledge and utilization of Nurturing parenting practices.

*\*For more information on AAPI-2 and NSCS, visit [www.assessingparenting.com](http://www.assessingparenting.com).*

The Nurturing Parenting® Programs are family-based, address the specific needs of different populations and have a proven track record of preventing the recurrence of child abuse and neglect.

### **PRIMARY Prevention-Education**

Prenatal Families

ABC's for Parents & Their Children 5 to 8

Parents & Their Children with Special Needs & Health Challenges

### **Community Based Education (CBE)**

For Military Families

Alcohol & Kids Don't Mix

Alcohol, Anger & Abuse

Teen Pregnancy Prevention

Developing Nurturing Skills (DNS): School-Based Program

### **SECONDARY Prevention-Intervention**

Nurturing Skills for Families

Nurturing Skills for Teen Parents

Nurturing America's Military Families

Nurturing Fathers

Nurturing God's Way

Family Nurturing Camp

### **TERTIARY Prevention-Treatment**

Parents & Their Infants, Toddlers & Preschoolers

Parents & Their School-Age Children 5-11 yrs.

Young Parents & Their Families

Parents & Adolescents

Among Parents & Adolescents

Families in Substance Abuse Treatment & Recovery

It's All About Being a Teen

### **Comprehensive**

Teen Parents & Their Children

Parents & Their Infants, Toddlers & Preschoolers

Spanish Speaking Parents & Their Children Birth to 12 yrs.

Spanish Speaking Parents & Their Children 4 to 12 yrs.