Table of Contents: Adult's Sessions	
Overview	
Session One	Introduction and overview, Getting to Know You
Session Two	Brain Development; Ages and Stages; Comfort and Calming
Session Three	Ages and Stages; Personality and Family Structure; Grief and Loss
Session Four	Praise, Personal Power; Independence
Session Five	Discipline
Session Six	Family Rules

Session Seven	Health and Healing
Session Eight	Feelings and Needs
Session Nine	Helping Children Cope, Socialization, Sibling Support
Session Ten	Stress and Humor/Play; Specific Health/Special Needs (E.g. Autism)
Session Eleven	Ice Breaker and Home Practice Review; Communication – I statements and You 146 Messages; Understanding and Enhancing Language for the Child with Special Needs; Home Practice – Communication and Post Inventories; Program Family Time – Marble Painting; Home Family Time- Scavenger Hunt
Session Twelve	Closure and Celebration Needs