## Multicultural Community Services has a proven track record using the Nurturing Parenting Program with over 500 parents.

Allison Shorey, LCSW is a Licensed Clinical Social Worker who received her MSW from Rutgers University. She has 25 years of experience with families in New Jersey. She was honored by Middlesex County Children's Services Commission in 2001 for "Outstanding Dedication and Commitment to Youth" She has developed and directed numerous family focused programs. Ms. Shorey has served on county and state committees including: The Coalition for the Treatment and Prevention of Childhood Sexual Abuse, Child Assessment Resource Teams (Middlesex and Essex), The Professional Advisory Board for Mental Health Services (Middlesex and Somerset) and the Human Services Advisory Board for Somerset County.

Ms. Shorey began her career by teaching parent education in groups, individually sessions, and providing individual, couple and family counseling. In 1996, Ms. Shorey began training Multicultural Community Services professionals in the use of the Nurturing Parenting Program.

In 2001, Allison Shorey, LCSW, and Constance DiMaria-Kross, EdD founded Multicultural Community Services, Inc. and expanded the use of the Nurturing Parent program to all at-risk families served by the agency. The agency currently uses a variety of the Nurturing Parenting Programs with more than 100 families per year. The programs currently in use include: The Prenatal Program, Parents and their Infants and Toddlers, Parents and their School Age Children, Parents and Adolescents, Crianza con Caino, and Parents and their Children with Health Challenges. Allison Shorey trains all Multicultural Community Services' professionals in the philosophy, constructs, skills and strategies of the program. In 2007, Ms. Shorey became a Recognized National Trainer/Consultant in the Nurturing Parenting Programs, and Multicultural Community Services, Inc. became the.......

**Family Nurturing Center of New Jersey** 

FAMILY NURTURING CENTER OF NEW JERSE
Multicultural Community Services, Inc.
Durham Center
2 Fihel Rd. 2058

Edison, NJ 0881

Multicultural Community Services, Inc.

Innovative Educational
Services

announce the opening of

# The Family Nurturing Center®

New Jersey



Durham Center 2 Ethel Rd. 205B Edison, NJ 08817 Phone: 732.650.0330

Fax: 732.650.0752

#### **Professionals**

At the Facilitator Workshops people learn the philosophy and goals of nurturing parenting and how to implement and facilitate the Nurturing Parenting Programs and that they get a certificate of completion for the workshop. For more information and a schedule of training go to <a href="http://nurturingparenting.com">http://nurturingparenting.com</a> or call the Family Nurturing Center® of New Jersey at (732) 650-0330

### The Nurturing Parenting Programs<sup>®</sup>

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing child abuse and neglect and address the specific needs of different populations:

- Prenatal Program
- Parents and Their Infants, Toddlers, and Preschoolers
- Parents and Their School-Age Children
- Parents and Adolescents
- Teen Parents and Their Families
- Families in Substance Abuse Treatment & Counseling
- ABC's Program for Parents and Kindergarteners
- Crianza con Cariño Birth to Five Years & 4-12 Years
- Parents and Their Children with Health Challenges
- African-American Nurturing Program Supplement
- Hmong Parents and Adolescents
- Nurturing Parenting Program for Christian Families
- Family Nurturing Camp
- Nurturing Skills for Parents
- Nurturing Skills for Teen Parents
- Nurturing America's Military Families

#### **Adult-Adolescent Parenting Inventory**

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to be critical to effective parenting, the AAPI provides scores that measure acquisition of parent skills and changes in parent values. For more info, visit www.aapionline.com.

#### **Philosophy of Nurturing Parenting**

The philosophy of Nurturing Parenting emphasizes the importance of raising children in a warm, trusting and caring household. It is founded on the belief that children who are cared for develop the capacity to trust, care and respect themselves, other people and living creatures and the environment. The philosophy of Nurturing Parenting is founded on seven principles:

**Feelings of Attachment** 

**Empathy** 

**Nurturing Oneself** 

**Gentle Touch** 

**Discipline** 

**Expressing Feelings** 

**Expectations and Self-Worth** 

The Family Nurturing Center® of New Jersey and Multicultural Community Services, Inc. is a private, non-profit 501(c)3 organization.



#### **Parents**

#### **Group & Individual Sessions**

- √ Prenatal Program
- √ Parents and Their Infants, Toddlers, and Preschoolers
- √ Parents and Their School
  Age Children
- √ Parents and Adolescents
- √ Teen Parents and Their Families

#### **English Spanish Korean**

Parents, please call the Family Nurturing Center of New Jersey at 732-650-0330.

Para información acera de Crianza con Cariño, sessions en grupo o individidual en Español, favor de llamar al 732-650-0330.

한국인 전문가와 상담 및 문의, 신청을 원하시는 분들은 아래의 번호로 연락하셔서 메세지와 전화번호 및 성함을 남기시면 한국인 전문가가 즉시 연락드리겠습니다. 732-650-1813.