

# The Nurturing Parenting Programs®

**NEW** Guidelines and Application

*Nationally Recognized*  
Nurturing Parenting Program Trainer/Consultant

Revised May 2014

Family Development Resources, Inc.  
Family Nurturing Centers, Int.  
Training & Consulting in the Nurturing Parenting Programs®

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# Nurturing Parenting Program® Nationally Recognized Trainer/Consultant

## Introduction

Family Development Resources, Inc. (FDR), publisher and distributor of the Nurturing Parenting Programs recognizes the need to support a cadre of qualified professionals to serve as Facilitators and Trainer/Consultants in the Nurturing Parenting Programs. The need to develop a team of professionals is based on the increased and widespread utilization of the Programs as primary, secondary, and tertiary approaches for the prevention and treatment of child abuse and neglect. This document serves to identify the conditions and requirements of those individuals recognized by FDR as Program Facilitators or Trainer/Consultants.

This document is to be used as a guide and is not to be deemed to place obligations or duties on FDR. A separate agreement may be entered into between FDR and each individual.

## What Does Recognition Mean?

Recognition addresses the issue of quality control. It entails a higher level of expertise in successfully implementing and facilitating and training others in the Nurturing Parenting Programs through increased training and networking with others using the Programs. It also indicates professionals have attended training workshops in Nurturing Parenting, understand the philosophy and integrity of the Programs, have demonstrated success in program implementation and facilitation, network with others using the programs and have the recognition and support of Family Development Resources, Inc. Recognition is not certification. We do not “certify” individuals as Facilitators or Trainer/Consultants in the Nurturing Parenting Programs but recognize their expertise and actions.

The Nurturing Parenting Programs are validated family-based programs. Years of extensive research indicate that when properly implemented, the activities in the program can serve as a powerful catalyst for family growth. Misuse of the program or use of the program in ways not intended cannot lead to the same end results. Recognition by FDR means a certain level of achievement has been obtained. These experiences include:

- Successfully implementing, facilitating and training others in the Nurturing Parenting Programs for parents, children or adolescents;
- Consulting with other professionals on the philosophy, program content, and procedures for implementing the Programs;
- Adhering to and supporting the integrity of the Program’s philosophy, structure, procedures and format.

## Who May Apply

FDR maintains a strong policy of equal opportunity and encourages individuals to apply on the basis of competence and potential without regard to race, color, religion, sex, sexual orientation, national origin, age, marital status, reasonably accommodable disability, or citizenship, as well as other classifications protected by applicable state or federal laws.

## Length of Recognition

Subject to being modified or changed by FDR, recognition of levels of achievement extends for a one-year period after which an individual may request renewal or termination. Renewal will be contingent on meeting the conditions set forth in the section titled, Annual Requirements. FDR may utilize information from all sources, including information received from the annual activities questionnaire and personal contacts, to determine if an individual is eligible for renewal.

## Termination of Recognition

The relationship between the individual and FDR may be terminated within thirty days of initial notice given by either party and with or without cause. Termination may be initiated by the individual or FDR. Notice of termination may, but need not contain, the reasons why the party wishes to terminate or is terminated.

## Fees

Subject to being modified or changed by FDR, individuals will be charged a one-time only application fee and a yearly renewal fee.

# Roles, Responsibilities and Benefits of Nationally Recognized Trainer/Consultant

FDR recognizes a select group of professionals to serve as Trainer/Consultants. This recognition is granted to professionals with a history of facilitating Nurturing Parenting Programs and who have been trained as a Trainer/Consultant by FDR. Names and addresses of Trainer/Consultants will be published in our catalog and be made available to persons requesting assistance in implementing the Programs, information on products listed in the catalog, and/or persons requesting training.

## A. Eligibility Requirements

1. A minimum of two years' experience facilitating two of more of the Nurturing Programs.
2. Proof of attendance of both of the following endorsed Nurturing Parenting Program Trainings:
  - a. Facilitator Workshop *conducted by a Recognized Trainer/Consultant*
  - b. Training of Trainers Workshop *conducted by a Recognized Trainer/Consultant*
3. Expertise in all components (manuals, evaluations, visual aides, games, etc.) of the Programs.
4. Two letters of reference supporting your knowledge and facilitation of the programs as well as attesting to your skills as a trainer.

## B. Responsibilities

1. Demonstrate an active and successful involvement as a Nurturing Program Trainer/Consultant by training and/or presenting at local, state, regional and national workshops and conferences.
2. Demonstrate an active involvement in serving as a Trainer/Consultant in your area. Activities include:
  - Effectively work with and assist other agencies in program implementation.
  - Make contact with agencies using the Nurturing Parenting Programs and offer ongoing assistance.
  - Promote the Nurturing Parenting Programs through dissemination of brochures and catalogs at professional gatherings.
  - Provide at least one Facilitator training during the year that is open to the public and advertised on the Nurturing Parenting Program's website.
3. Agree to be published on the website in the catalog which entails your availability during business hours to answer phone, email or written requests for inquiries on programs and products and implementing the programs.
4. Submit a selection of evaluations from Facilitator Workshop attendees supporting the quality of their training experience with you.
5. Pay the annual fee (\$40) and return the fee with the required paperwork and evaluations by the deadline indicated on the renewal form.

## C. Commissions

1. Trainer/Consultants will receive a discount on materials purchased and will accrue a commission from the purchase of materials from other agencies for which they have provided training and consulting services. The commission is paid in materials distributed by FDR.
2. Subject to being modified or changed by FDR, a code will be assigned to each individual. It is the responsibility of the Trainer/Consultant to ensure that the code number appears on all order forms, or is given over the phone when placing an order. When orders are received with an accompanying code, a commission is paid. The rate of commission and discount, which is subject to change from time to time by FDR, will be set at two levels:
  - a. When you place an order you will receive a 20% discount at the time of the order. The discount does not apply to shipping costs.
  - b. When a customer orders materials and provides us with your code number as the Trainer/Consultant who is assisting them with program implementation, you will accrue a 20% commission. The commission is paid in material dollars, not in actual cash. These commission dollars can be used toward the purchase of materials in the FDR catalog.
3. Subject to being changed by FDR, commissions will be paid and calculated from the orders received and paid. When payment is received, the commission will be paid that quarter.

# Application

## Nationally Recognized Nurturing Parenting Program® Trainer/Consultant

Date: \_\_\_\_\_

### 1. Contact Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone, Fax and Email: Please indicate numbers at which customers can reach you during business hours.

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Employer: \_\_\_\_\_

Title: \_\_\_\_\_

Work Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### 2. Training Completed:

Facilitator Workshop conducted by a Nationally Recognized Trainer/Consultant

Dates of Training: \_\_\_\_\_ Trainer: \_\_\_\_\_

Location of Training: \_\_\_\_\_

Training of Trainers Workshop conducted by a Nationally Recognized Nurturing Program Trainer/Consultant

Dates of Training: \_\_\_\_\_ Trainer: \_\_\_\_\_

Location of Training: \_\_\_\_\_

### 3. Program Experience:

#### Number of Complete Programs Facilitated:

_____ Prenatal	_____
_____ Infants, Toddlers, Preschoolers	_____
_____ School-Age Children 5 – 11	_____
_____ Parent & Adolescent	_____
_____ Teen Parent	_____
_____ ABC's	_____
_____ Developing Nurturing Skills in Schools	_____
_____ It's All About Being a Teen	_____
_____ Crianza con Cariño	_____
_____ Families in Substance Abuse Recovery	_____
_____ Parents and Children with Health Challenges	_____
_____ Nurturing Skills for Families/Teen Families	_____
_____ Community Based Education	_____

Have you established an account at [assessmentparenting.com](http://assessmentparenting.com) to use the AAPPI and NSCS? \_\_\_\_\_ yes \_\_\_\_\_ no

*Continued on next three pages...*

## Primary Prevention - EDUCATION (5 to 12 SESSIONS)

Prevention-Education programs are designed to empower individuals and families with new knowledge, beliefs, strategies and skills to make good and healthy lifestyle choices. The goal of prevention-education is to empower. Programs at this level are generally short-term approximately 5 to 12 sessions (dosage) in length. *\*The Prenatal, ABC's, and Health Challenges program sessions are sequential and build upon each other. These are closed end programs, meaning parents are asked to participate in all sessions and no new parents can join the program after Session 2. \*\* Community Based programs that are designed as a series of stand-alone sessions. Parents can select the lessons they wish to attend as mandatory attendance is not required for all sessions.*

	Group-Based	Home-Based	# of Sessions	Check here if you train/consult in this curriculum
Prenatal Families	X		9	
		X	18	
ABC's for Parents and Their Children 5-8 Years	X		7	
Developing Nurturing Skills in Schools Kindergarten – 3 <sup>rd</sup> Grade Grades 4-6				
Parents and Their Children with Health Challenges and Special Needs	X		12	
Community Based Education in Nurturing Parenting	X		10	
Community Based Education in Nurturing Parenting – Military Families	X		7	
Community Based Education in Nurturing Parenting – Alcohol and Kids Don't Mix	X		5	
Community Based Education in Nurturing Parenting – Alcohol, Anger and Abuse	X		5	
Community Based Education in Nurturing Parenting – Teen Pregnancy Prevention	X		8	

## Secondary Prevention - INTERVENTION (12 to 20 SESSIONS)

Prevention-Intervention programs are designed for at-risk youth and teen parents, as well as parents and families experiencing mild to moderate levels of individual and family dysfunction. Programs in this range work on stopping the dysfunction and engaging individuals and families in the process of building positive nurturing beliefs, knowledge and skills. Prevention-Intervention programs are referred to as Moderate Term programs and are generally from 12 to 20 sessions (dosage) depending on assessed needs. Individuals and families are required to go through an evaluation/assessment to match the assessed needs to the correct program content and dosage.

	Group-Based	Home-Based	# of Sessions	Check here if you train/consult in this curriculum
Nurturing Skills for Families	X	X	Variable based on assessed need of group or family	
Nurturing Skills for Latino, Haitian and Arabic Families	X	X	Variable based on assessed need of group or family	
Nurturing Skills for Teen Parents – Comprehensive Curricula for Schools & Residential Centers	X	X	Variable based the length of semester or discretion of instructor	
It's All About Being a Teen – Comprehensive Curricula for Schools & Residential Centers	X	Can be offered in home	Variable based length of semester or discretion of instructor	
Nurturing America's Military Families	X	X	Variable based on assessed needs of the family or group	
Nurturing Father's Program	X		13	
"Nurturing God's Way" Parenting Program for Christian Families	X		21	N/A

## Tertiary Prevention - TREATMENT (15 to 25 SESSIONS)

Prevention-Treatment programs (tertiary prevention) are designed for families referred for parenting education by Social Services/Mental Health for child abuse and neglect and/or family dysfunction. Tertiary level programs "treat" abusive and neglecting parent-child or parent-teen dysfunctional interactions through a process called "re-parenting." In re-parenting, parents increase their understanding of the abuse and neglect they experienced as children and how these parenting beliefs and patterns were passed on to their children. Old, hurtful patterns of parenting are replaced with newer, nurturing patterns. Prevention-Treatment programs are generally referred to as Long Term programs and are generally 15 to 25 sessions or longer depending on assessed needs of the family. Programs listed below are evidence-based programs for parents and their children at different developmental/age levels.

	Group-Based	Home-Based	# of Sessions	Check here if you train/consult in this curriculum
Adult Parents and Their Infants, Toddlers and Preschoolers	X	With 5-7 individual parent sessions	16	
Adult Parents and Their School-Age Children 5 to 11	X		15	
Young Parents and Their Children	X	With 5-7 individual parent sessions	16	
Parents & Adolescents	X		12	
Families in Substance Abuse Treatment and Recovery	X		17	

## Comprehensive – LONG TERM (26 to 55 SESSIONS)

Comprehensive programs are ideally suited for agencies like Healthy Start, Head Start, schools, residential centers, home-visitation programs and parent education programs designed to offer long term, more comprehensive parenting education. The Nurturing Programs presented below are evidence-based program that have been validated with agencies providing services over a period of years to families.

Adult Parents and Their Infants, Toddlers and Preschoolers- (Center Based)	X		27	
Adult Parents and Their Infants, Toddlers and Preschoolers		X	55	
Teen Parents and Their Children	X		26	
Teen Parents and Their Children		X	50	

Specialty Area or Populations served:

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4. **Application and Documentation:** Along with this application, have you attached the following? If not, your application will be put on hold until the materials have been received

A. Resume or vita that provides the following information:

- Professional background of individual
- Education or training
- Areas of specialization (parenting education, mental health, substance abuse, etc.)

B. Two letters of recommendation supporting your knowledge and facilitation of the programs as well as attesting to your skills as a trainer.

C. \$40 Application Fee

Thereafter, a yearly fee of \$40 is due each June along with your renewal paperwork. *(Make check payable to Family Nurturing Center, Inc. or provide credit card information).*

D: Photo and short bio for your listing on our website. For examples, visit <http://nurturingparenting.com/trainer.i>. To expedite the process, you may send these via email in jpg and MSWord file to [fnc@nurturingparenting.com](mailto:fnc@nurturingparenting.com).

I certify that the information provided on my application is true and correct to the best of my knowledge and belief.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

Family Development Resources, Inc. reserves the right to renew or reject recognition or renewal.

Mail Application to:

Family Nurturing Center  
Attn: J. Dellinger  
318 – 57<sup>th</sup> Street, #106  
Kenosha, WI 53140-4248