Rural Virginia Family Nurturing Project Five Year Evaluation Results, 2003

- 1. There were a total of 680 participants; 487 adults and 193 children.
- 2. Data generated from the Family Social History Questionnaire indicate:

a. Gender n = 495 80% female 20% male

b. Age n = 366 9% 13-19 years 34% 20-29 years 33% 30-39 years 19% 40-49 years 7% 50+ years

c. Ethnicity n = 448 41% Caucasian

51% African-American

4% Hispanic4% Other

d. Education n = 341 20% reported completing Junior high or less 80% reported completing high school or above

e. Employment n = 337 44% employed 56% unemployed

f. Income n = 317 30% under \$18,0000

28% \$18,000-\$40,000 16% over \$40,000

27% unsure

g. Class Attendance n = 495

28% of parents in correctional facilities completed 50% or more of the classes.

or more or the classes.

63% of parents in the community completed 50% or more of the classes

- 3. Parents completed the *Nurturing Quiz*, an inventory designed to assess knowledge of appropriate parenting practices. The results showed an average gain of 3.23 points pre-post test (n = 181)
 - a. 22% had the same score or lower score
 - b. 32% increased score 1-3 points
 - c. 46% increased score 4-15 points
- 4. The administration of the Adult *Adolescent Parenting Inventory (AAPI-2)* showed significant increases (p<.05) in Expectations, Empathy and Punishment; no significant changes occurred in Role Reversal and Power & Independence.
- 5. In a 30-day follow-up drug use questionnaire, parents indicated:

a. Alcohol 75% reported no alcohol use

14% reported using alcohol 1-4 days 11% reported using alcohol 12-30 days

b. Tobacco 66% reported no tobacco use 34% reported smoking cigarettes

c. Marijuana 95% reported no marijuana use 5% reported marijuana use

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Abstract 2003

- 1. A total of 487 parents and 193 children participated in Nurturing Parenting Programs implemented in 31 sites throughout rural Virginia.
- 2. 80% of the participants were female; 20% male.
- 3. 41% of the participants were Caucasian; 51% African-American; 4% Hispanic; and 4% other.
- 4. 34% were between 20-29 years of age; 33% were between 30-39 years of age.
- 5. 80% completed high school or above. 20% reported completing junior high or above.
- 6. 56% were unemployed while 30% indicated they earned less than \$18,000 annually.
- 7. 63% of the parents in the community completed 50% or more of the classes. 28% of the parents in correctional facilities completed 50% or more of the classes.
- 8. The Adult-Adolescent Parenting Inventory (AAPI-2) was administered pre and post program completion. Significant (p<.001) changes were found in attitudes regarding appropriate expectations of children, increases in empathy, and in use of alternatives to corporal punishment. Significant changes (p<.05) were found in appropriate family roles.
- 9. Within 30 days of completing the program, 75% reported no alcohol use; 66% reported no tobacco use; and 95% reported no marijuana use.