

Nurturing God's Way Parenting Program for Christian Families® Program Facilitator Training

HEARTS™ Official Competency-Based Training Model

Because we believe in doing things with excellence, the Nurturing God's Way Parenting Program for Christian Families[®] is presented through an evidence-informed 4-part training model. The training model was developed by HEARTS for Families[™] and researched by Emory University.

Part One - Philosophy of the Program (approximately 8-12 hours content delivery)

Part 1 is offered online and is self-directed. It takes approximately 8-12 hours to complete and includes participant engagement activities and quizzes along the way. If an individual is familiar with Nurturing Parenting® Programs, he or she can test out of taking the full online course. Once successfully trained in this part, individuals do not need to repeat it for any other Nurturing Parenting Program.

Part Two - Program Activities and Practice Opportunities (36 hours content delivery)

Part 2 is a group-based training that is specific to the respective Nurturing Parenting Program the individual is choosing to present to community members or clients. Nurturing God's Way™ is a 21-session program and Part 2 takes 5 days with 1-2 hours per evening of additional training assignments. Training participants receive training workbook, handouts, and hands-on experience using program specific materials. Training activities include:

- Experience from each session with group and home practice lessons
- Facilitator practice session opportunities and peer feedback

Part Three - Implementation Steps for Success (approximately 20 hours content delivery)

Part 3 is offered online similar to Part 1 in format and benefits, which takes approximately 20 hours to complete and covers:

- Program facilitator and coordinator roles
- Implementation pitfalls to avoid
- Current cultures regarding moral decay of generations and family dysfunction issues (substance abuse, partner violence, teen parenting, etc.)
- Scoring assessments
- Creating a marketing plan for the program

Part Four - Fidelity Monitoring and Program Consulting (25 hours technical assistance)

To ensure program success, Part 4 is a hands-on program delivery structure with:

- Weekly Technical Assistance sessions via phone or web
- Fidelity checks through in-person or web-based site visits
- Program and training participants surveys and assessments

Nurturing God's Way Program Facilitators Certification

Certificate of Training Completion is presented to the Training Participant when all 4 Parts of the training are successfully completed. Benefits for certification include increased knowledge and skills, as well as a potential increase in program referrals and funding.

If you are not interested in receiving a certificate of completion, you can participate in Parts 1, and 2, and 3 and receive a Certificate of Participation for each Part.

Training Location and Timing

HEARTS for Families[™] presents the group training online/on-demand for Parts 1 and 3; and live-streamed online participation for Parts 2 and 4 for all scheduled domestic trainings. International trainings can be online or on site. Training large groups of participants (12 -15) are to be discussed with Training Coordinator for group discounts. Training can be held on location of training host's facility.

Trainings are generally held in winter and spring months (December or January and March or April). However, if the demand warrants, additional trainings can be scheduled during the year.

Individual Pricing - 2022 - 2024

Parts 1, 2, 3, 4 – \$4,000. per primary facilitator

93 hours of training delivery, technical assistance, and evaluation support by National Trainer/Consultants for HEARTS for Families certification. 42 hours of program delivery experience. 10 hours program coordination activities. Approximately 145 hours of knowledge, skills and mentoring occurs resulting in a \$27.58 training hourly rate. Training also includes facilitator manual, implementation manual, parenting handbook, and non-refundable administration fee. Co-facilitator pricing is greatly reduced.

Call for Co-Facilitator / Agency multi-staff discounts / Various Training Option Pricing

Training with Intention is Rewarded with Reimbursement

Part 1 Training is \$250. Part 2 Training \$1,000 (for all 5 days). Part #3 is \$750. When Part #3 is successfully completed, then Part #2 training fees are reimbursed back to the Trainee. Part #4 is \$2000. When Part #4 is successfully completed, then Part #3 training fees are reimbursed back to the Trainee. When Trainee successfully completes 4 additional programs, then Part #4 training fees are reimbursed back to the Trainee. In essence, an individual could be fully trained and certified for the cost of \$250.00.

Comparative Value

As you determine your training investment, keep in mind, and compare other national evidence-based training costs.

Triple P - \$4,465 5 days (35 hours training) Level 4 Standard/Group includes \$2,500 annual membership; Co-Facilitator training fee \$2,465.

Sources of Strength - \$4,000 plus recertification every 2 years @ \$1,000.

Parents as Teachers - \$4,500 first year affiliation fee, \$2,000 annual renewal fee plus training fees of \$1,150 per person.

Contact the **Training Coordinator** 770-972-3664, 678-392-2472 training@HEARTSforFamilies.org

